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The British Columbia Women's Institute is a non-racial, non-sectarian and non-partisan educational organization for women.

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NETWORK NEWS



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PRESIDENT



It's a beautiful time of year and I hope all of you have had a chance to enjoy it and walk though some fallen leaves just like children do! After all

aren't we all children at heart?

In this time of COVID many branches have been meeting by the online platform of Zoom, but there may be some branches that are not meeting at all. I would encourage you to find ways to meet, face-to-face with all safety protocols in place, or via Skype or Zoom, or by email. Keep your branches viable, pay your yearly dues to keep your branch up to date and keep in contact with other members. It is so important to work together and support each other. If you are having problems with online meetings and want to give it a try contact the office, we will be glad to help you out. Some branches are doing workshops, silent auctions, videos, rally's, all online and doing them very well, so it can be done.

This has been a difficult time for many people, with feelings of isolation and loneliness spiralling due to isolation and virus fears. We are launching a Kindness Initiative in this newsletter and we hope that you find it helpful. Acts of kindness have a direct effect on mental health and wellbeing, so we encourage you to take part in this and do what you can to spread kindness.

I urge you to look at your communities and discuss in your meetings what needs to be done to improve them. Do you need more green spaces, busing, more housing for homeless people, better safe homes, more daycare, the needs are great and vary from place to place. Campaign in your communities to meet the needs that exist, and from that resolutions are born. Once a resolution is passed at the provincial level, they can become a basis for future provincial campaigns. So WI women's voices are being heard from every level. Let's be heard, we have a lot to say!

I would like to say thank you to the Task Force that was formed at our June Zoom AGM. They have been meeting regularly and have been brainstorming to come to conclusions of what WI needs to grow and attract new members. One of the ideas that was presented to the board was a suggested Agenda for monthly meetings which we

have included in this newsletter. Also we are making changes to the newsletter, adding new pages and using our WI colours more throughout it. Hope you enjoy it! Take care everyone, stay healthy! "Kindness is a gift everyone can afford to give." - unknown Brenda Devauld

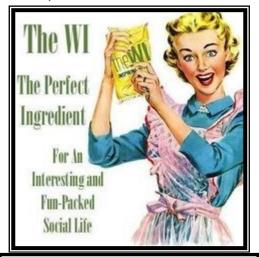
OFFICE



Welcome back to another year. What a whirlwind 2020 has been so far. I am hoping that 2021 brings great things!!

I hope that all branches have received the package I emailed in early September, which included a letter from the BCWI Board, Office letter, Invoice for dues among other items. Contact me if you have not received these items and I will email them out ASAP.

If you have any questions or need something, please do not hesitate to call or email me. Betty Bartlett





Linda LaFleur—Rolla WI

Winner of a \$50.00 Canadian Tire Gift Card This Raffle raised \$131.00 Next draw to be held—Jan 15, 2021

VICE PRESIDENT



This is my last act as Victoria Salliss Chair. I talked with our new Victoria Salliss Chair Fay Van Horn and she said to run with it. I feel that all WI member's would like to read the email that the board received this past Spring. A little more of a look into the life of Victoria Salliss.

"My name is Mike Wallace and my great aunt was Victoria Salliss who was a member of the WI until she passed away in 1988 and is buried at Musselwhite Cemetery in Abbotsford BC.

A few years ago one of your members sent me an extract from a centenary book with a life history of my great aunt who I probably only met once when I was a small boy in Wales.

I understand that my great aunt left a legacy to the WI to support crafts. My brother and his family live in BC and this March we flew in to visit my niece who lives on Vancouver Island and as we stayed at Fort Langley so we made the short trip to Abbotsford to visit the cemetery and locate my great aunt's grave.

We were both surprised to see some flowers at the grave as my aunt had no children and as far as I know no close family in BC - so we were wondering who may have placed the flowers so that we can thank them for their kindness. Can you help or point us in the right direction?"

Unfortunately we were unable to find out who put the flowers on Victoria's grave, and we let Mike know this. With his response being:

"Thank you so much for your message. Good to hear that the legacy is still supporting craft activities so many years after Victoria Salliss passed away.

I think perhaps that one of the Salliss genes made it down to me - her great nephew - as I am interested in craft and in particular shaker style furniture making.

Victoria was on of three spinster sisters who led remarkable but very different lives.

Her elder sister Alice worked her way up from humble beginnings to be a Director at Elizabeth Arden travelling the world in the 1930s to 1970s visiting stores as far away as Australia - while her younger sister Amy was affected by a visual impairment and spent a considerable part of her life impacted by that condition.

I myself was influenced by Alice who helped to taste some of the "luxuries" that life affords to the wealthily while Amy helped to understand how to remain kind, caring and loving in the face of adversity - of course the age difference was around 60 years so I had limited time spent with them both - and in my vague childhood recollections I probably met Victoria when the three sisters visited our home in Cardiff when I was about 7 years old.

A few years later they did take a world cruise together and I have inherited the slides and 8mm films of that trip - and maybe another gene has been passed down to my - Wanderlust - having travelled around the world twice - so far!

Thanks again for the email and the work you do making use of the legacy - and to whoever it might have been that set some flowers at the grave - a very moving moment when we came across them.

Keep safe at these difficult times, Mike Wallace"



WI CANADA/FWIC

It is interesting how a meeting held by virtual means can take only two hours. Yes, it is great to get business done in a timely way, see faces we haven't seen for years but we do miss all the interaction with that personal contact. As Dr. Ellen MacLean stated in the October WI Connections "Zooming"

was great but it leaves us without the human contact, and the friendliness and sociability we always enjoy.

Highlight from the FWIC/WI Canada Annual General Meeting Held September 17, 2020 by Zoom.

FWIC Lottery: The net proceeds from the Lottery will be used for future programing of "Back to Basic" skills which will help to reduce poverty. These programs will be included in the "Hearth is where the Home is" FWIC project for 2020-2021. Tickets for the lottery are only available in Ontario. If you would like to purchase a ticket please let me know. Tickets are \$5.00 each and the prize is \$5,000.00. **Deadline for purchase extended to December 12**.

WI Canada Premium package programme: This proposal is being offered as a program/package to FWIC/WI CANADA members as a fundraiser. Purchasers will receive a Premium Package Membership Card to be renewed annually. Please note, this is not a membership to FWIC/WI Canada. More information available at www.fwic.ca

WI Connections, a monthly magazine, is looking for articles from members from across Canada. In the October issue, Fay Van Horn put in an article on how to dehydrate vegetables. Do you have something you would like to share? You can send your article to: info@fwic.ca

Adelaide Hunter Hoodless homestead updates: Buy a brick is ongoing as the kitchen still needs some renovations to bring it up to commercial standards. Continued support is appreciated.

Triennial 2021

- FWIC Tri-Annual and ACWW Canada Area 2021 In Newfoundland
- June 17, 2021 June 19, 2021 FWIC/WI Canada Triennial
- June 19 share banquet with ACWW
- June 20, 2021 - June 21 ACWW Canada Area
- Competitions **Deadline is January 15, 2021** Details are on the website www.fwic.ca/triennial Scroll down and click on the button "Learn more about the competitions"
- Pin design contest for FWIC/WI Canada and ACWW Canada Area Convention. A rectangular pin is suggested and the design for the pin is to be submitted to Linda Hoy lindahoy56@gmail.com by November 15.

Pen Pals - a pen pal is waiting for you! During this time of isolation due to COVID-19 many people are looking for ways to communicate; if interested in becoming a pen pal contact info@fwic.ca

I hope you all have a chance to read WI Connections, it is the monthly newsletter from FWIC/WI Canada. Presently, WI Connections is forwarded to you via BCWI; however, FWIC/WI Canada would like to send it directly to you, therefore on the new BCWI registration form you can select to forward your email address to FWIC and you will receive it each month including summer months.

Submitted by Jill Copes, FWIC Representative

Are you ready to fall in love with Newfoundland and Labrador?

Join us in St. John's, Newfoundland for back to back conferences to be held at Memorial University:

FWIC Triennial
June 17 to June 19, 2021
-andACWW Canada Area
June 19 to June 21, 2021

Start saving your \$\$\$ or ask your branch about their conference fund and join us in St. John's, Newfoundland and Labrador.

For more info about St John's, visit https://www.newfoundlandlabrador.com/top-destinations/st-johns

WHAT WOULD THE CONFERENCE BE WITHOUT PRE- AND POST-CONFERENCE TOURS?

We have two fabulous tours waiting for you: Pre-conference tour McCarthy's Party 7 day Island Wide Newfoundland tour

- \$2541.50 per person
- · Corner Brook to St. John's

The McCarthy's family specializes in delivering authentic Newfoundland and Labrador experiences.

For more information, visit https://www.mccarthysparty.com/multi-day-tours/8-day-tours/

Check out the accommodation at Memorial University's McPherson College, \$60.00 per night taxes included:

https://www.mun.ca/residences/buildings/macphersoncollege.php

FWIC TRIENNIAL JUNE 17TH-19TH

- · Thursday Welcome city tour
- · Friday choice of 5 afternoon tours
- · Friday & Saturday companion tours
- Saturday AGM (guest speakers to be announced)
- Saturday banquet for everyone and meet our ACWW World President Magdie de Kock

ACWW CANADA AREA JUNE 19TH-21ST

- Sunday & Monday Business, Society Reports and Workshops
- Sunday & Monday companion tours with World President, Magdie de Kock and Committee Chairs, Marie Kenny, Sheila Needham & Christine Reaburn

Post-conference tour Mile Zero Tour Newfoundland and Labrador

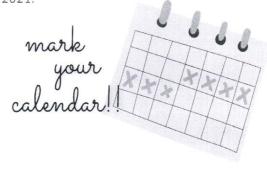
An exciting 11 day tour that showcases the magic of the Maritimes.

- 11 days June 21st to July 1st
- \$3799 per person.

Click on the link to find out more: https://milezerotours.com/200621newfoundland-1

If interested in this tour call 250-590-0811 or contact Mile Zero Tours at https://milezerotours.com/contact-us

Keep an eye on www.fwic.ca or www.acww.org.uk - the full registration package will be available online mid-January 2021.





RESOLUTIONS

Voting delegates passed Resolution 2020-1 asking the BC Provincial Government to Make Water Cremation/Alkaline Hydrolysis an option for British Columbians Taking Action on Carbon Emissions. This resolution is now a BCWI Resolution and will be forwarded to the Solicitor General the Honourable Michael Farnworth.

Resolution 2020-2 asking the BC Provincial Government to Ban the Sale of Non Compostable Plastic Single Use Dog Waste Bags passed unanimously and is now a BCWI Resolution and will be forwarded to the Ministry of Environment and Climate Change Strategy, the Honourable George Heyman.

After working on the BCWI Board for the past six years I can say it was a very rewarding experience, though sometimes a humbling one, but was all for the good. I've grown personally and my technological skill set is much improved. I treasure the mentors and friendships I've made and also the opportunity to be in touch with members around the province. Thank you all for this wonderful opportunity.

Retiring Director Norma Tilgner, Resolutions Chair 2018-2020, Victoria Salliss Chair 2014-2018

RESOLUTIONS UPDATES 2020

1.) In regards to our Resolution as follows:

"Be it resolved that the British Columbia Women's Institute urge the British Columbia to Government to enact legislation to ban the sale of single use non compostable plastic dog waste bags and instead encourage products and methods that are proven environmentally safe and will degrade into natural substances."

We received a response letter from the Honourable George Heyman, Minister of Environment and Climate change and we at BCWI have responded as follows dated October 3, 2020;

We at the BCWI are very happy to hear of your Ministry's work on the engagement process of the "Plastics Action Plan Policy Consultation Paper" we look forward to reviewing the results of this paper. We look forward to your public announcements about increasing waste reduction, recycling and single-use plastic initiatives, and look forward to the ban of non compostable plastic dog waste bags being included in it.

2.) In regards to our Resolution as follows:

"Be it resolved that the British Columbia Women's Institute petition the Solicitor General of the Government of British Columbia to amend the Cemetery, Interment and Funeral Services Act and all regulations to include a definition of cremation and in that definition include the provision for Alkaline Hydrolysis to be an approved method of cremation within the Province of British Columbia."

We received a response letter from the Honourable Michael Farnworth, Solicitor General of British Columbia and we at BCWI have responded as follows dated October 3, 2020;

We at the BCWI are looking forward to reviewing the findings of your research on this issue and look forward to the amendments to include Alkaline Hydrolysis in the Cremation, Internment and Funeral Services Act (CIFSA). We have completed our own research in this matter and are happy to share our findings with you. Reducing our environmental footprint by reducing carbon emissions is paramount.

Thank you for initiating discussions with the stakeholders in BC to consider the feasibility of allowing the practice of Alkaline Hydrolysis as a form of cremation in BC.

We look forward to the outcomes of your discussions.

Resolutions must be received in the BCWI office no later than March 1 of each year in order for us to have them ready for a vote at our annual general meeting each year in June. If you require assistance in putting forward a resolution, please contact me anytime at: Kcoybcwi@gmail.com

Kim Coy, Resolution Chair

Agenda for Monthly Meetings

Meeting suggestions to help make your meetings more informative and engaging:

Calling the Meeting to Order:

- Greetings to new members or guests
- Opening protocols that your WI practices

Business:

- Which includes financial reports, minutes, correspondence, new business
- To help shorten the time spent on Business some of it could be done with the executive before hand, via email or Zoom
- One idea would be to put a time limit on it that Business must only take up 1/4 of the meeting time. Perhaps a timer would be a good idea?

Meeting Ideas:

- Work on campaigns, either provincial or local
- Speakers or workshops pertinent to campaigns
- Speakers or workshops on issues relevant to your members
- Crafts, either one that can be done in your meeting time or one that the branch is working on
- A craft that is an ongoing project that will be used for fundraising
- Demonstrations, cooking, sewing, gardening
- Show and Tell, especially good for Zoom meetings, where members share what they have made, cooked or preserved
- Check out the Important Days of the Month for meeting ideas

A meeting should be something that when it is over, members feel glad that they went and that they are looking forward to the next one.



KINDNESS INITIATIVE

Definition of kindness: kindness is defined as being, friendly, generous and considerate. Being kind often requires courage and strength.

Background:

Studies have shown that having a strong support network of friends and family reduces depression and mortality by 45%, whereas eating 5 servings of fruits and veggies reduces it roughly by 28%. Of course having a healthy lifestyle is important but our mental health is often overlooked in favour of the newest diet, or vitamin or super food that promise us longevity benefits. While volunteering and investing in kindness boost us in ways that we are only really beginning to understand but that far surpass any other. Our mental well being is far more important to our happiness than any thing else. And what can we do that is simple and effective in our everyday lives? BE KIND

Actions to take:

- By engaging in everyday acts of kindness, not only will you be making someone else feel good but you will also make yourself feel good
- Open the door for someone, buy someone a coffee, pick up litter, walk around your community, talk to strangers, buy local, take your dog or your neighbours for a walk, anything that gives you a sense of well be-
- Finding a purpose in life, it can be as simple as practicing random acts of kindness everyday, to fighting for a cause you believe in. Studies have shown that having a purpose cuts down dramatically on the risk of Alzheimers disease because it keeps us engaged and changes how the brain functions
- We actually re wire our brains when we start changing our thought patterns to reach out in more friendly, compassionate ways
- November 13/2020, is World Kindness Day, perhaps a good way to celebrate would be take a bouquet of flowers to someone or baking. Discuss what you can do with your Branch to spread kindness

We hope this will prove to be insightful and beneficial for all of us and we have much more to discuss. Please send us your ideas and what you and your branches are doing to spread kindness.

"It is not who you are that holds you back, it's who you think you are" - Denis Waitley

Campaign Committee: Brenda Devauld, Ruth Davis, Shelly Simrose, Betty Bartlett



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> 2465 Burrand Avenue Vanderhoof, BC

Facebook: vanderhoofdepartmentstore Email: janet@deptstore.ca



Congratulations goes to Salt Spring Island WI for 100 years of service and Watch Lake WI for 80 years of service. These certificates were originally to be presented at our 38th Triennial Convention last June but due to COVID the BCWI Board of Directors were unable to do that.



TASK FORCE ON MEMBERHSIP GROWTH INITIATIVE

Why the Task Force: To define the reasons why the WI organization is losing members and address these issues with ideas to increase the membership.

Task Force Members: Sheri Murphy (South Peace) Kim Coy, (S. Vancouver Island) Maya Wenger (North Peace), Christine Reinke (Central Interior), Tammy Shiells (S. Vancouver Island) BCWI Liaison Brenda Devauld (President, Central Interior)

WI Mandate: To support one another, grow ourselves and impact our families, communities, country and the world. This is done through regular meetings where women come together for social interaction and intellectual/skill growth, and to help make our communities better places to be.

Our core problem: Young women are not joining WI. Our membership is decreasing.

Main issues: The needs and interests of women age 50+, and 70+ are not the same as those of the young moms/women today. When the older members were younger and raising children, far fewer of them were working outside the home, and far fewer children were involved in extra-curricular activities. Therefore, attending WI met their social and intellectual/skill growth needs. Today's women/young moms mostly work outside the home and take their children to extra-curricular activities. Both those commitments bring social interaction into their lives and take up enormous blocks of time in their day/week. Almost all extra curricular activities require families to be involved in fundraising. WI has not changed what it does at meetings, and today's women do not want a business meeting and more fundraising to do. Also, why is it perceived to be only rural, this certainly will not make our organization sustainable. Corporate farming ensures this, as fewer and fewer people are farming and living out in the country. Our focus must be on all women, country, suburban, or urban. When we look at the women demographics often women live a long way from their families, they are missing the multi-generational influence we had with our families, who were often living in the same community. They want something that connects with their heart, and for themselves: social interaction for fun and recreation, for learning new things for themselves, and for building friendships.

What are the basic requirements for membership:

Most young women want nothing to do with fundraising or the business end of WI. They have the resources to pay fees for workshops and demonstrations. What we need to provide is the workshops and a platform to develop the interested young women into being a WI member. Do we ask for 50.00 for a workshop and 35.00 goes towards a membership and this allows them a discount on all future workshops? Does the membership come with expectation of showing up to monthly business meetings or could it be monthly workshops and guest speakers? Maybe the requirement be they attend at least 6 events per year, a mix between meetings and/or WI events. They are young professionals looking to learn something new, have an enjoyable time with other women and wine is a bonus. WI has a role in inspiring, mentoring and coaching these young women, through a feeling of supportive learning. We offer this through relationships and community involvement. WI also offers a platform to achieve political movement, so embracing the business end of the organization is also very important. For Home and Country!

WI Meetings are thriving in the UK, here is a quick overview of how they do it:

Monthly WI meetings give members the chance to meet up in person, try new activities, listen to speakers and campaign on issues that matter to them.

Monthly meetings should include:

- 10 meetings per year with a different theme each meeting
- These are listed in the WI's program of events
- After discussing official business, including updates from the regional and national level of the organization, members will often take part in an activity or hear from one or more speakers. Activities can range from arts and crafts, cookery, and fitness tasters, to games, quizzes, and campaigning efforts. Speakers may include inspirational members, figures from the local community, authors, activists and even celebrities.

WIs also often organize for a refreshment break that gives you time to catch up with your friends and get to know new members. Many WIs even hold fun competitions or raffles to raise funds in this time.

Task Force Recommendations:

Recommendation for the BCWI Board:

We must further explore how the provincial board supports the local branches on getting excited and recruiting new members. The provincial board must be the starting point, to inspire excitement and provide support in getting this organization vibrant once again. The provincial board is the inspirational leader in this movement. Revising the newsletter and updating the websites are a starting point, but there needs to be a toolkit created with some defined ideas, expectations and goals set out for the branches. Promote our ability to make government level change through campaigns and resolutions. Put forth more effort in branches, within districts, or provincially to be working on resolutions to better our communities.

Social Media:

Need an Online website rich with courses and tutorials. One that is more interactive and exciting. Links to members businesses. Links and advertising of Special events, district events, local branch events. Have members post "How to" videos.

Get conversations going on WI Facebook and other social media forums, encourage members to get into the conversations!

Sample Monthly Agenda:

- Greetings
- business update
- campaigning efforts
- workshop/speakers
- social/fundraising raffles etc.

Larger social events:

- day workshops
- family dances
- campaign rallies
- weekend retreats filled with workshops and social events within it.

Membership perks:

- Discount for workshop costs
- Forum to promote personal businesses
- Access to online courses and tutorials
- Ability to campaign for change in your community

Summary of Actions recommended:

- BCWI takes the lead on an exciting website that all branches can connect into. Focus on membership perks and ways to get all women of all ages to join our membership through social media and the website.
- WI branches focus on striking a balance between fun workshops and being all business at monthly meetings. More connection between branches to support one another with possible workshop offerings. Shorten the business time and then focus the rest of the meeting time on socializing, learning activities, crafts, workshops, special guest speakers.
- WI branches/districts/provincial to offer community events that can be good fundraising opportunities (dances, craft shows, rallies, mini workshop conferences and retreats) encourage events that allow women to take some "me" time, by incorporating business, learning new skills, socializing and relaxing into a special weekend or day event.
- BCWI Promote our ability to make government level change through campaigns and resolutions. Put forth
 more effort in branches or within districts to be working on resolutions to better our communities.

• each WI branch offer to sponsor a membership for a new immigrant family or a new community family to help connect them to community.

Strategies for Consideration:

- In larger city areas should we be doing more group activities such as workshops and campaign rallies maybe as a district versus each individual WI branch, to help cover costs etc. This could allow us to offer larger events like mini conference workshop days with a larger attendance.
- WI branches, districts, and BCWI needs to consider holding more money in the bank so that funds are
 available to hold rallies, events, and workshops. Fundraising needs to occur through these events, in an informal, fun format.
- Be more vocal about the resolutions we put forward, advertise and petition for support through membership, do more letter writing about issues in our local communities. Support each other's initiatives district wide, and provincially.
- Encourage all women to be members regardless of rural or urban settings. Consider sponsoring a new immigrant, or community member to join, per year in each branch.
- Possible new membership sources could also be ladies whose mothers/aunts were members, new immigrant families, as well as empty nester women who now have more time as a resource, and any other woman out in our community! Remember that the best encouragement to join a group is the personal invitation!

In Loving Memory Of



Joan Clarke 1941 ~ 2020 Landry WI is saddened by the passing of longtime member Joan Clarke. A strong supporter of WI, Joan worked at Branch & District levels and served on the BCWI Board. Last September Joan was presented with a Life Membership in the Landry WI. A certificate she graciously accepted.

Joan was born in Watson's Bay, NSW, Australia on June 16, 1941 and lived in the Landry District with her husband Wesley over the next 55 years.

Landry WI and Women's Institute generally has lost an avid worker and strong supporter of WI. Joan will be missed by her family & friends.

Submitted by Ruth Veiner





The South Hazelton WI is sad to have lost another member, "Angeline Lillian Reid".

> Angie Reid 1937—2020



Important Dates In November & December

Remembrance Day/November 11/2020

The day when we pause to honour the women and men who have served and continue to serve Canada in times of conflict, war and peace

World Kindness Day/November 13/2020

When others ovserve acts of kindness they are more apt to carry out acts of kindness themselves. Be kind, spread it around, it is never wasted

Homemade Bread Day/November 17/2020

Just for Fun!! "Bakers of the world rise up and make some bread!!

UN International Day for Elimination of Violence Against Women/November 25/2020

One in three women and girls experience physical or sexual violence in their lifetimes. What programs are in place in your communities?

UN Human Rights Day/December 10/2020

United Nations International Human Rights Day, www.un.org. Do we know the rights that all humans are entitled to?

Christmas Day/December 25/2020

A time to celebrate with kindness and gratitude for all we have and reach out to those who have less



ADVERTISING RATES



- Individual/Business card size—\$12.00/issue
- Yearly/Business Card size—\$45.00/4 issues
- Individual/Quarter Page size—\$40.00/issue
 - Yearly/Quarter Page size—\$155.00/4 issues

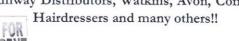
Approach Businesses such as: Resorts, Bed & Breakfasts, Health Stores, Ladies Clothing Shops, Amway Distributors, Watkins, Avon, Coffee Shops



Book of Memory

Delores Proulx—Bridesville WI Bernice Evans—Royal Oak WI Joan Clarke—Landry WI







Halloween Candy Corn Popcorn Hands

Ingredients:

- Disposable gloves (food contact gloves)
- Candy corn
- Popcorn
- Twine or ribbon
- Spider rings

Instructions:

- Drop a candy corn in each of the fingers of the gloves
- Fill inside of glove with popcorn, making sure each finger gets stuffed with popcorn
- Tie top of glove with twine or ribbon
- Add spider rings to fingers, kids love making these!!



Pumpkin Krispies Treats



- 3 tbsp butter
- 1/2 tsp vanilla
- Red & yellow food coloring or orange gel coloring
- 5-1/2 cups mini marshmallows
- 6 cups crispy rice cereal
- Mini tootsie rolls
- Candy for decorations—M & M's, candy corn, etc

Instructions:

- In a large saucepan, melt and slightly brown butter on medium heat. Add vanilla extract and marshmallows. Stir until marshmallows are completely melted. Add food coloring until desired orange color is reached. Add cereal and stir until completely combined. Turn off heat and let sit for a few minutes, until cool enough to handle

 When mixture has cooled enough, spray your hands with cooking.
 - When mixture has cooled enough, spray your hands with cooking spray and mold cereal mix into circles. Unwrap a tootsie roll and press into each pumpkin top. Add candy for the eyes and nose (you can use a little frosting to adhere)











BRANCH NEWS









BULKLEY TWEEDSMUIR DISTRICT GLENWOOD WI

Glenwood WI has not been meeting in person due to Covid. It is very disappointing. We are trying to think of another fundraiser since our Annual Fall Bazaar is not happening, but no brilliant solutions are coming to mind. Our President, Fay, took a Preserve Safe course and became a certified trainer for different methods of preserving food. These include; Dehydrating, Pressure Canning, Fermenting and Boiling Water Bath. Recently we held courses in each of these methods and Community members attended. A second round of courses has been changed to virtual due to Covid concerns.

A long time member, Lorraine Doiron, has left us and moved to Prince George. We hope she will continue to be a member! Lorraine has been "The Keeper of Information" for Glenwood WI and Bulkley Tweedsmuir District for many years and we are not sure what we will do without her. Whenever we needed to know something, or get a form, the standard answer was "ask Lorraine".

Recently Glenwood WI had a Chinese Food dinner outdoors to say goodbye to Lorraine and Wanda Mason came down from Hazelton to represent the District.

We wish Lorraine many happy days closer to her family in Prince George.

Submitted by Fay Van Horn

CARIBOO DISTRICT WATCH LAKE WI

Below are photos of our display for WI Week at the 100 Mile House Library, we donated 2 sets of History Books to the Library.



right photo—History Books being presented to Shelby, Librarian (middle) Ruth Kachur (left) and Karin Forbes (right)





CENTRAL INTERIOR DISTRICT SINKUT WI

Sinkut WI AGM in Vanderhoof, October 13, 2020. Here we are learning to have meetings with Social distancing. Our first meeting



since we had one in May (social distancing). This COVID has been

challenging in so many ways, but we are determined to get through



this together, and keep each other safe and Healthy!! Remember to keep in touch with each other, whether it be by phone, email,

text, a note dropped in the snail mail, it always brings a smile!

I Thank God everyday for this group of women!! For Home & Country, Shelly Simrose

KOOTENAY DISTRICT TRIANGLE WI

The TWI has made the best of the Covid-19 situation. We had our meetings by conference call until June when we felt it was safe to have a meeting in our hall practicing social distancing and sanitization. We made a Covid-19 Safety Plan for all organizations to follow when using our hall. At the end of June, we had an outdoor BBQ dinner for our husbands, who are always helping out at our hall with snow plowing, painting, minor renovations and mowing. This was a way for us to show our gratitude and thanks for all the volunteer hours they contribute. It was a fun gather-

BRANCH NEWS









ing and a great way to start the summer. The income we generate from renting our hall and providing catering for weddings and parties has been very low. We did do a meal that was delivered to families on the Tobacco Plains Reservation, we are hoping they will want us to continue this service for future events. We have proceeded with doing our yearly raffle by promoting it on



Facebook and through word of mouth. Tickets can be purchase though E-Transfer and so fare our sales are going very well. Meeting the challenges of these unprecedented times has been daunting but has also brought out our creativity as we rethink things and become innovative. We participated and assisted in a community event that took place at our Pioneer Hall. The last weekend of Sep-



tember on the Friday and Saturday night a Drive-In Movie was setup in the parking lot. Families were able to tune their car radio to a station where they could hear the

movie. It was free to the community, with popcorn and drinks being delivered to each vehicle. All families that attended this event said that they really enjoyed it and had fun. Our innovation and creativity will continue to be needed as we put our heads together and find a way to proceed with our November "Snowflake Luncheon and Bazaar" making all necessary changes to this fun community event. Stay Safe and Positive! Cathy Betteridge

S. VANCOUVER ISLAND DISTRICT ARBUTUS WI

BC's newest WI Branch was born October 1st! Eight of us gathered for a picnic lunch on a beautiful Fall day and decided to form the Arbutus Women's Institute. We are from all over the Greater Victoria area so choosing a name of a beau-

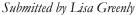
tiful and unique tree in our region was a good fit. In the two hours we met we not only decided to form a Branch, and a name, but many



other things as well. Upcoming events for us include a walk around the grounds of Government House, cooking for a youth shelter twice a month all winter, pumpkin carving just before Halloween and a special constitution and bylaws signing ceremony in mid November. Included in the picture is a special guest

to our meeting and our new mascot Greg!

The second picture is one of the many beautiful quilts three of our members have made for Janeece Place, a temporary home where children and their families can stay while receiving medical care at Victoria General Hospital.





COLWOOD WI

With the Covid-19 pandemic we had to cancel our annual garage sale event, and our planned community family dance this fall. We are able to socially distance in our meeting space, so we will continue to hold our day meetings on the third Wednesday of each month at 1:00 pm, September—June. Our evening group will resume evening meetings on October 7. We will be meeting on the 1st Wednesday of each month October 6, November 4, December 2, January 6, February 3, March 3 and April 7 from 7:00—9:00 pm at the Colwood WI Rooms at the Colwood Community Hall.

We are working on our resolution in regards to the over crowding in our local schools. We have written letters to Premier John Horgan and Minister of Education Rob Fleming. Both offices have responded to our letters and have suggested we address this issue with the City of Langford and City of Colwood as well, in regards to the developers providing schools as part of their development plans.

We are continuing to grow our membership and are working towards being a more visible group in our community. New members and prospective members are welcome at anytime to join us for a meeting.

SALT SPRING ISLAND WI

KEEP CALM AND CARRY ON has never been so appropriate as these past few months. We on Salt Spring Island have been so lucky, so safe with only a couple of positives and no serious cases and this is over a very busy tourist filled summer. Everything was cancelled in the

BRANCH NEWS









community, halls closed, no groups, masks everywhere plus social distancing. Our institutes plans for our 100th year celebration has been postponed until hopefully 2021 in April, hall has been booked, but, ??? In June we held the first of many meetings in my front yard and caught everything and everyone up on events. We also made the decision to cancel the hosting of the



Fall Workshop for the District as the hall will not be opening, our guest speaker had cancelled and the future was iffy for a further outbreak. We gave two \$1,000.00 dollar bursaries this year to two very deserving young students, the second bursary was to honor our 100th year. I attended the BCWI Annual General Meeting on Zoom. We held our elections. In August, in my yard once again ten members met for a short meeting and socializing. The final decision on pie making and selling was made and we



are taking the year off, even though this is a bumper fruit crop year, but the challenges were just too much for our small group. Lindsay Mundy, past ACWW President gave us an interesting talk on the history of Denman College and regrets that it is closing. Each member was presented with an engraved glass mug -Salt Spring Island Women's 1920-2020, Institute, whole pie with a slice on

each of its three sides and filled with teas, coffee, cookies, novelties. In October, on a rather cool and overcast day another meeting was held in my driveway, all came in warm jackets, I provided lap rugs to all. We decided on our silent auction items for the Zoom Fall Workshop, pictures have been taken and sent and I will arrange for items to get to SVIDWI President Donna Jack for easy delivery to winners. Many members very interested in the 2021 convention slated for Newfoundland but unwilling to commit further until we know what the future will be. We had to cap our donations to \$4,500.00 this year and felt we should concentrate locally, i.e., we gave the 4H enough to cover two memberships, our food bank, The copper Kettle etc. We are also supporting our Legion by

purchasing our yearly wreath and a mask for every memher

Members have been keeping in touch with each other, having little visits and lots of phone, messaging etc. Most members have had gardens and property to get out and enjoy our great summer and also share with our crops. I managed to sell almost 400 lbs. of apples to the Cidery, sell lots of figs, give lots of fruit away and preserve lots of pears, plums, apple pie filling, applesauce and make lots of plum jam; shelves are full. Still have apples to deliver to off island friends and family. We definitely miss all our family and friends, visiting and having visitors and going off in RV (Vancouver Island was way too busy) but FaceTime, WhatsApp, phone calls have sure helped us all keep in touch. We have all kept our bubbles small. Winter is fast

approaching and it looks like a long one ahead, we can only take each day as it comes, keep busy, (projects on hand), keep in touch, support one another and hope a vaccine is right around the corner. We send Holiday greetings to all members, Be Calm Be Kind Be Safe and this too shall pass into the history books. Respectfully submitted by Margaret A. Reid



SOMENOS WI

Recently an article was published in the Cowichan Greed Community Paper, below is part of what was written;

'Through these tough times, we've also been incredibly inspired by all the generous donations from the community and beyond. Groups have made and delivered homemade muffins, the Cobble Hill Farmer's Institute made delicious shepherd's pies, turkey dinners and pot pies to donate to the temporary housing shelters. On any given day trays of baked goodies will show up from Somenos Women's Institute. We've had people cry in our store, grateful for \$25.00 of free groceries, bread donated by

Portofinos, and through the chaos we worked with groups from Malahat Nations, Halalt, Peneckut and House of Friendship to pack hundreds of food hampers."



Provincial Calendar

January 15—Branch Convener Reports to District Convener February 15—District Convener Reports to Provincial Convener March 15—Provincial Convener Reports to BC Provincial Convener Chair—

April/May—District Spring Conferences/AGM

May 15—District President Report due to Provincial Office

for AGM Package

July/August—Break from WI Activities
August 31—Branch Financial Year End
August 31—Erland Lee Award Application Deadline
September/October/November—Branch Annual Meetings
December 31—Membership Dues to Provincial Office

Special UN Days

February 1—28—Women's Institute Month February 27—Adelaide Hoodless Birthday March 8—International Women's Day March 22—World Day for Water April 7—World Health Day April 29—ACWW Day

May 15—International Day for Families
May 21—UNESCO's World Day for Cultural Development
May 28—International Day of Action for Women's Health

June 1—International Children's Day

June 5—World Environment Day

July 11—World Population Day

3rd Tuesday in September—International Day of Peace September 8—International Literacy Day

1st Monday in October—World Habitat Day

1st Monday in October—Universal Children's Day October 11—International Day of the Girl Child

October 15—World Rural Women's Day

October 16—World Food Day

October 17—World Trauma Day

October 24—United Nations Day

October 24—World Development Information Day

October 24—30—Disarmament Week

November 25—International Day for the Elimination of Vio-

lence Against Women

December 1—World AIDS Day

December 10—Human Rights Day

BCWI Office—Sales Items

New BCWI Handbook Available \$10.00
History Book Set \$30.00
(above set if mailed add \$20.00 for shipping)
History Book \$20.00
100 Women Book \$15.00
Winning Ways \$2.00
BCWI Business Cards 20/\$1.00
Mail Network News—4 Issues \$10.00

Sundry Items

Tartans	\$3.00
WI Canada (FWIC) Pens	\$2.00

Pins

\$6.00
\$10.00
\$10.00
\$3.00
\$6.00
\$6.00
\$10.00
\$10.00
\$10.00
\$5.00

Stationery

WI Logo Sticker	\$1.50
WI Bumper Sticker (see below)	\$5.00





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